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when every leaf is a flower."
~ Albert Camus

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September 22, 2017

Crown Point High School Latin Club fares well at National Junior Classical League Convention

Eighteen Crown Point High School students, nine Senior Classical League college and former Crown Point graduates, and two Crown Point High School Latin Club sponsors recently gathered together with approximately 1,800 students and teachers from across the United States at the 64th annual National Junior Classical League Convention held at Troy University in Troy, Alabama.

Students competed in academic, graphic art, creative art, and athletic events. Additionally, students participated in daily spirit competitions.

The Indiana delegation placed third in the nation among large chapters on the 'Troy Story' spirit day and first in the nation on 'Sweet Home Alabama' spirit day, led by CP student Kayla Apking. The state digital scrapbook, created by CP student Cameron Rachford, earned first place in the nation.

Also, in the website competition, Indiana placed third with the website created by

CP student Taylen Hovanec. For the state publication contest Indiana earned a fourth place with the newsletter *Veritas et Scientia*, written by CP student Hannah Walley. In the sports competitions Indiana performed very well, earning a first place in Ultimate Frisbee, third place in the Senior Boys Relays, and fourth place in the Volleyball competition.

Students also attended many educational colloquia throughout the week covering a variety of topics focused upon the classical world. Some of the favorite colloquia sessions included 'Cooking and Dining in Ancient Rome', 'The Odyssey in Song', 'Printing Ancient Artifacts in 3-D', and 'Superheroes and Demigods: Classical Connections in Marvel and DC'.

Students also participated in a community service project filling backpacks with donated school supplies to distribute to children in need.

In addition, three Crown Point students represented

Indiana in the National Latin Certamen Tournament held at convention, a Jeopardy-like competition with questions covering a range of topics about the ancient world. Claire Dosen and Cameron Rachford competed as members of the Advanced team while Kayla Apking competed at the Intermediate level.

Both prior to and following convention, students from Crown Point joined their peers from across the state in a fun-filled six-day tour with stops in Nashville, Huntsville, Birmingham, and Montgomery with visits to places such as the Opryland Hotel, the Parthenon, the U.S. Space and Rocket Center, Vulcan Park, Jasmine Hill Gardens, and the Birmingham Civil Rights Institute.

Crown Point High School's Latin Club was named as a national member of the Century Club with well over 100 students involved. Joey Ferkull earned fifth place in the local publications contest

(See *Latin* Pg. 2)



Indiana Delegation dressed in traditional Roman attire before the processional and banquet on the final day.



The Indiana delegation participated in a wide range of activities during the convention, including 'Troy Story' spirit day.

FarmHop taking place Saturday; meet the families who grow your food

The Northwest Indiana Food Council will host FarmHop 2017 on Saturday, September 23, from 9 a.m. to 4 p.m. This unique event features farm tours in Lake, Porter, LaPorte, Newton and Jasper counties.

"Our tours are designed to connect consumers with the work taking place every day on the farms that grow our food," said Lyndsay Ploehn, Ag Educator for Purdue Extension Porter County. "Whether one buys produce from the local farmer's market or grocery, dines at local eateries, buys ethanol gas, plants gardens for pollinators or does none of these, I guarantee FarmHop guests will learn, and gain a new appreciation for agriculture in Northwest Indiana."

FarmHop 2017 features four different tours with buses



leaving from designated locations. Local food vendors will offer lunch options along the way. Two of the four tours are local to Winfield-LOFS;

- Valparaiso – Tour 2: Explore a biodynamic hop farm, heritage breed animals, a family whose children manage the egg laying operation, and an interesting approach to commercial agriculture that sells nearly all of its products locally. Visit Howe Farms, K & C Bucher Farms, and Three Guys and

Some Chicks.

- Crown Point – Tour 4: See a diverse organic vegetable farm with year-round growing solutions from high tunnels to greenhouses, and a new level of sustainability from composting to heritage breed animals to growing feed right on the farm. Visits include Perkins Good Earth Farm and Acorn Acres.

"This is an exciting opportunity for families to connect with local farms, for garden (See *Farm* Pg. 2)

In wake of storms, IDHS encourages Hoosier to have a plan, consider cash donations

In support of the response and recovery from Hurricane Irma, the Indiana Department of Homeland Security is advising Hoosiers to be organized in their giving and volunteer efforts.

When a natural disaster occurs, many social networking sites may promote impromptu collection drives. This can lead to scams or semis with unrequested items that threaten to crowd warehouses and clog distribution channels in the impacted area.

A recommended way to help disaster survivors is with a cash donation to a legitimate relief agency operating in the area. The type and amount of items required can change hourly as needs keep pace with the rapidly evolving emergency situation. Cash is far more flexible than goods and allows volun-

teer agencies to more quickly acquire the supplies needed to address the most urgent needs.

IDHS and other agencies strongly encourage people to donate cash to known, reputable organizations. In Texas, many warehouses and streets are still closed off and there are limited locations to store goods leaving the area overwhelmed due to the number of physical donations. Charities are often offered bulk items at a discounted rate, which means cash will often go further than goods. Giving money to be used locally also helps local businesses during economically stressful times.

If you must donate items, check your organization's website for specific products needed or website wish lists. Please note that this will be a

long-term effort and consider donating months and years from now to assist a full recovery.

Volunteers play a vital part in disaster recovery. However, well-meaning individuals who simply show up to help without prior contact or coordination with disaster management personnel can further complicate or even hinder response and recovery operations already underway. Before heading for impacted areas, would-be volunteers need to have a plan.

Following some simple guidelines can make all the difference in revitalizing the areas hit by a disaster.

- Do not just show up to the disaster area. Reach out and contact a volunteer organization.

- Each individual or group (See *Storms* Pg. 2)

www.winfieldamerican.com

Franciscan Health offers 'Walk With a Doc' program

As part of its Franciscan Medical Minute campaign, the public is invited to participate in a Franciscan physician 'Walk With a Doc' program from noon to 1 p.m. every other Wednesday.

The effort's purpose is to offer education, exercise and empowerment to participants, who will discuss healthy living while walking with a

doctor at the Lake County Fairgrounds. Those who participate in six or more walks will receive a gift.

Enter the fairgrounds through Gate 2, near South Court Street and park near the playground.

For more information, send an e-mail to Rebecca.Tilton@franciscanalliance.org.

(Latin from Pg. 1)

with the Crown Point newsletter Tempus Canis (Time of the Dog). A third place was earned in the chapter publicity contest, submission by Kayla Apking. A fifth place was also received for the chapter's scrapbook, created by Jessica Bao and Julie Tran.

Sponsor Jeremy Walker was honored as a silver bowl recipient for attending his twentieth National Convention. Individual students placed well in many other categories with 12 Top Five placings in total. Two students achieved first places in National competitions: Cameron Rachford for slogans and Alyx Wahlberg in the 100 meter and 200 meter Senior Girls Track events.

Top five places, resulting in points for the state, were achieved by Casey Akers, Jessica Bao, Claire Dosen, Zack Matijevich, Cameron Rachford, Skyler Sheck, Alyx Wahlberg, and Hannah Walley.

Crown Point High School Latin students in attendance were Casey Akers, Kayla Apking, Jessica Bao, Ava Dailey, Dugan Dailey, Claire Dosen, Ethan Dosen, Cameron Fasel, Taylen Hovanec, Tyler Huitsing, Maddie Johnson, Emma Maddack, Zackary Matijevich, Cameron Rachford, Alex Rettker, Skyler Sheck, Alyx Wahlberg, and Hannah Walley, and Sponsors

(Farm from Pg. 1)

enthusiasts or beginning farmers to learn new methods, and for parents to give their children the experience of a farm that might not normally be open to the public," said Gabrielle Biucunas, Northwest Indiana Regional Planning Commission and NWI Food Council board member.

FarmHop 2017 is sponsored by South Shore Convention and Visitors Authority, Purdue Extension, Market Wagon, The Market, Olthof Homes, Piazza Produce, Miller Pizza Co. and Nature's Cupboard. The NWI Food Council is a multi-stakeholder alliance that works to build a just, sustainable and thriving locally oriented food system for Northwest Indiana through networking, education, advocacy and projects.

Tickets including lunch are \$20, children \$10, and are available at www.nwifoodcouncil.org.

Indiana high schools invited to participate in Poetry Out Loud

The Indiana Arts Commission and the Indiana State Library recently announced the invitation to Indiana high schools to participate in the 2018 Poetry Out Loud competition. Poetry Out Loud is now accepting commitments from Indiana schools to participate in the 2018 recitation process. Schools can learn more about the competition on the Indiana State Library website www.in.gov/library/5580.htm.

(Storms from Pg. 1)

should inform volunteer organizations of any specific skills or services that can be offered.

• Make sure to plan for needed supplies. Do not assume that resources are available at the site. These should include: appropriate clothing, food and water, shelter/a

place to stay. IDHS encourages working with well-known relief and philanthropic organizations when donating money or goods. Hoosiers who would like to support different organizations are encouraged to research the organization before providing any monetary

library/5580.htm. For general information about the national program and competition, visit www.poetryoutloud.org.

School sign-up will be open until November 30.

Initial competitions are held at the high school level to determine one student to represent the school in state final competition February 17, 2018, at the Indiana State Library. Local competition must be judged by the same

criteria use in the state and national events.

The state champion receives a \$200 cash prize and an all-expenses paid trip to Washington, D.C. to compete in the Poetry Out Loud National Finals in April. The state champion's school receives a \$500 stipend to purchase poetry books.

A total of \$50,000 in scholarship awards and school stipends will be awarded at the

Poetry Out Loud National Finals, with a \$20,000 college scholarship awarded to the national champion.

Poetry Out Loud is a partnership between the National Endowment for the Arts (NEA) and the Poetry Foundation. The program encourages the study of great poetry by offering education materials and a dynamic recitation competition to high school students across the country.



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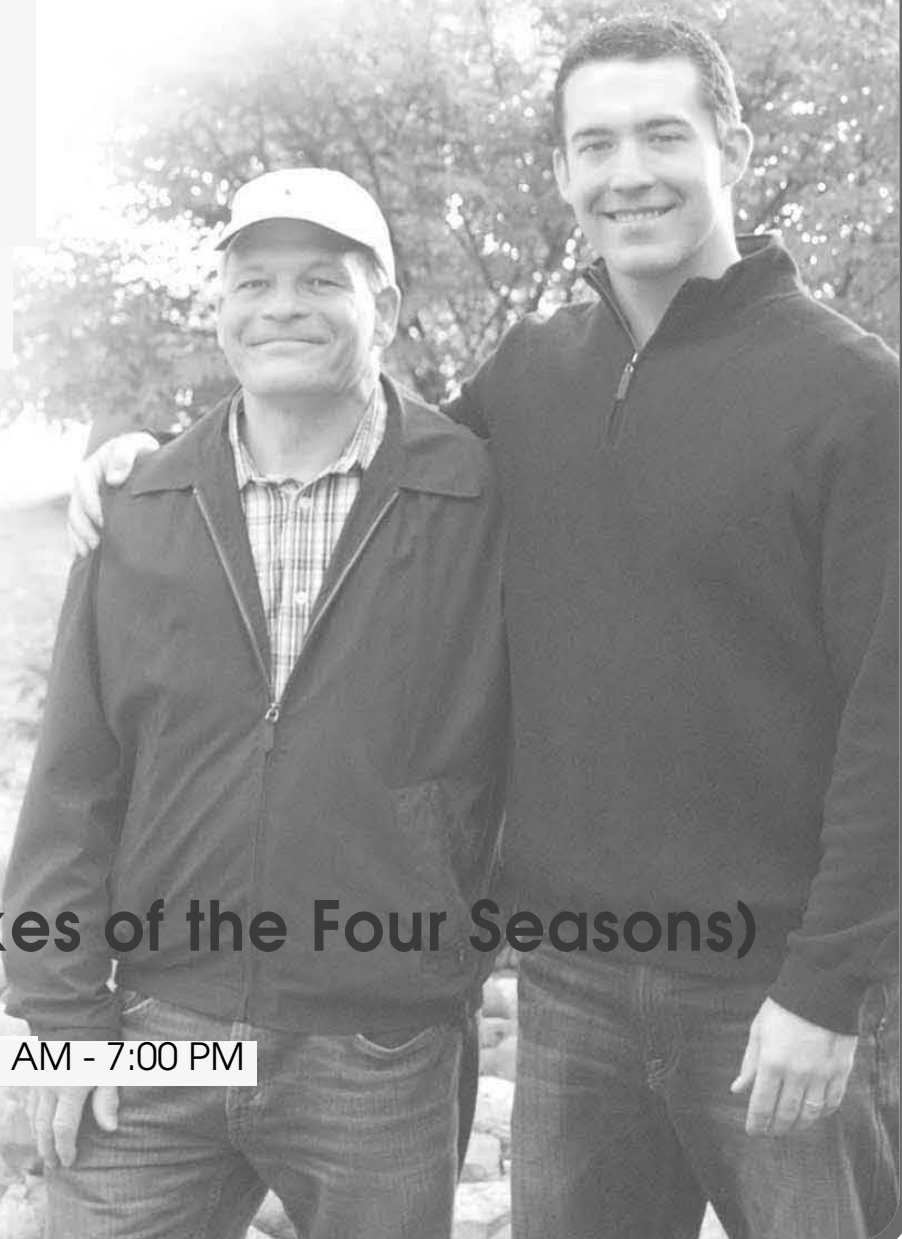
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Local church to hold craft fair on October 7; crafters welcome

Christ Presbyterian Church will be holding their 4th annual Christmas bazaar on Saturday, October 7, from 9 a.m. to 2 p.m. All crafters are welcome to participate. The cost is \$30 for an 8' x 10' booth. Tables are also available for an additional cost of \$5, as well as electricity for the same amount.

Contact Pam at 219-218-3903 or go online to www.christwinfield.org for an application. Set-up time will be available on Friday, October 6, from 6 to 7:30 p.m. and on the day of craft fair starting at 7:30 a.m.

There will be homemade fudge and caramel corn for sale, as well as other baked goods. Carson's Community Day's booklets will be available for purchase for \$5 each. All proceeds from the sale of the booklets go directly to the Lake County chapter of the Disabled American Veterans. Last year \$1,000 and this year our goal is \$1,500.

The church also wishes to thank all who purchased raffle tickets to their car show this summer. They were able to donate \$2,500 to Riley's Children's Hospital in Indianapolis.

Fight back against Parkinson's at Franciscan program

People fighting Parkinson's disease now have Rock Steady Boxing, a new program at Franciscan Health Fitness Centers, in their corner.

The program is designed to improve the mobility, balance and strength of such patients through non-contact boxing, stretching, balance,

strength and mobility training, Tai Chi, and other scientifically proven exercises to help people of all functional levels.

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For more information, call 219-322-1600, ext. 4013.

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This day in history

September 22, 1961

In a victory for his Cold War foreign policy, President John F. Kennedy signs legislation establishing the Peace Corps as a permanent government agency. Kennedy believed that the Peace Corps could provide a new and unique weapon in the war against communism.

During the presidential campaign of 1960, Democratic candidate John F. Kennedy promised to reinvigorate U.S. foreign policy. He charged that the administration of President Dwight D. Eisenhower had become stagnant and unimaginative in dealing with the communist threat, particularly in regard to the so-called Third World nations.

Shortly after his inauguration in January 1961, Kennedy made good on his promise for a new and aggressive foreign policy. On March 1, 1961, he issued an executive order establishing the Peace Corps. As described by Kennedy, this new organization would be an "army" of civilian volunteers—teachers, engineers, agricultural scientists, etc. who would be sent to underdeveloped nations in Latin America, Africa, Asia, and elsewhere to assist the people of those regions.

The program turned out to have popular appeal. Stories about idealistic young Americans braving privation in foreign lands to help people grow better crops, build schools, or construct wells was good public relations material for the United States. In September, 1961, Congress passed legislation establishing the Peace Corps on a permanent basis. A budget of \$40 million for the next fiscal year was approved.

www.history.com

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Student-led public relations firm from Purdue Northwest searching for client

Region Communication Solutions is a non-profit public relations firm run by students from Purdue University Northwest. RCS is currently seeking local businesses and organizations to perform an audit on its communication culture.

A communication audit examines the company's

internal and external communication methods and provides detailed analysis and recommendations based on the data gathered. The audit will assist the company in identifying and reaching each of its publics.

Communication within an organization is researched by utilizing benchmarking,

interviews, focus groups, surveys with the organization's employees, customers, shareholders, and local community.

Dr. Thomas Roach created the class, Problems in Public Relations, in 1989 and in the years since, classes have provided communication audit services to dozens of

local and Chicago area organizations. Previous clients include Graycor, the cities of Hammond and Portage, Strack and Van Til, Nipsco, BP Whiting Refinery, and the Griffith Police Department.

"Many of our PR graduates currently hold top positions in the Chicago area," Roach explained. "When a

client commits to this program, they will get the same quality of work as an established consulting firm would offer."

For more information, call Region Communication Solutions at 219-501-0271 or contact via e-mail at region-comsolutions@gmail.com.

Final four 'Charms of China' performances run through weekend

'Charms of China – Let the Moon Bring Us Together' runs through this weekend at the Hammond Academy for the Performing Arts. Tickets range from \$15 to \$50 a person and can be purchased on www.eventbrite.com. Performances are twice per day on September 23 and 24, both days at 2 p.m. and 7 p.m.

Charms of China promises to be an entertaining spectacle starring the melodic sounds, graceful movements and zestful colors of the East. Together, as East meets West, the event will be an experience that audience members will carry with them for years

to come. The uncommon mix of music, dance, acrobatics, will be narrated by Don Taylor of Hammond and Tess Galbiati of Valparaiso.

The performance will bring a collaboration of talent, costumes and staging travels directly from China to Northwest Indiana for an exclusive engagement.

Lean more at www.charms-of-china.us or purchase tickets at www.eventbrite.com. The Hammond Academy for the Performing Arts is located at Oliver P. Morton High School, 6915 Grand Avenue in Hammond.

Advisory Council on Historic Preservation offers new training

The ACHP is offering new online courses with training in the use of National Historic Preservation Act Section 106 to protect historic properties.

Two courses cover integration and coordination of Section 106 reviews with the National Environmental Policy Act review process, which is of particular importance as policy makers at all levels of government search for new ways to create efficiencies in regulatory processes and advance infrastructure projects.

The course catalog also includes a free online course, 'What is Section 106?' Designed for the general

public, it provides a broad overview of the Section 106 review process and the opportunities for the public to play a role in such reviews.

A fourth offering, 'Successfully Navigating Section 106 Reviews: An Orientation for Applicants', targets applicants for federal permits and assistance to help better understand, support and participate in Section 106 reviews.

A forthcoming course will further explore the circumstances under which NEPA can serve as a substitute for Section 106.

These courses are part of the ACHP's broader training

program that includes onsite courses and webinars. On-demand courses are available any time of the day or night for a nominal fee.

For more information about the courses and instructions to register, go to www.achp.gov/elearning.html.

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Fire Force Volunteers Needed

Lakes of The Volunteer Fire Force is in need of more dedicated volunteers to join our ranks. Have you ever thought of being a part of something bigger than yourself? Want to help your community by giving back through service? Please call 219-662-7576 and speak with Chief Campbell.

Help Wanted – Automotive Technician

In an effort to increase our level of service to our customers, Crown Point Auto Repair is adding TECHNICIANS to our team. If you know of, or have friends or family that you feel would be a good addition to the Crown Point Auto Repair team, have them stop in at 1510 N. Main Street, Crown Point, IN, and talk to Bill or Tim. They can also call the shop at 219-663-1847 or Bill's cell at 708-305-3666 for an appointment. (800)

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Celebrate public lands with free entry to DNR properties on September 30


Admission to Indiana's state park properties and state forest recreation areas where entrance fees are charged will be free on September 30 in recognition of National Public Lands Day. National Public Lands Day is the nation's largest single-day volunteer effort for public lands. Volunteer opportunities at Indiana State Park properties on September 30 include trail work at Raccoon State Recreation Area, Turkey Run State Park and Brookville Lake, invasive plant removals at Brown County, Spring Mill and Ouabache state parks, and river cleanups at O'Bannon Woods and Tippecanoe River state parks. Many other properties will offer similar volunteer opportunities. But National Public Lands Day isn't all work and no play. The day is a reminder that public lands are places for outdoor recreation, conservation and making memories with families and friends. Properties will offer hikes, pioneer activities, crafts and live bird shows, too. For complete list of programs, visit www.calendar.dnr.IN.gov. For more information on National Public Lands Day, visit www.publiclandsday.org.

Seeds needed; save yours for the annual Seed & Bulb Exchange

Porter County Master Gardeners will gather to prepare seeds for the Seed & Bulb Exchange portion of their 15th Annual Gardening Show. The public is invited to join them and learn how to clean and preserve seeds. Tools and packaging materials provided, as well as seed heads and pods from a variety of plants. Participants may also bring their own saved seeds and learn how to clean and preserve them. Donations of seeds and bulbs to the annual Exchange will be accepted as well. Meeting times and places will be at the Westchester Library Service Center located at 100 West Indiana in Chesterton on Tuesday, October 3. For questions call 219-926-7696. The 15th Annual Gardening Show will be held on Saturday, January 27, 2018, from 8 a.m. to 4 p.m. at the Porter County Expo Center. For more information visit www.pcgarden.info.

Franciscan Health Crown Point offers diabetes education classes through November

Franciscan Health Crown Point will offer a series of diabetes classes on Tuesdays and Wednesdays through November. Sessions will take place from 1 to 3 p.m. on Tuesdays and 6 to 8 p.m. on Wednesdays. Typically, there are four sessions for each class. Topics include medication management, blood glucose monitoring, exercise, complication prevention and nutrition. Classes will take place weekly each month in the Burrell classrooms, which are located on the hospital's lower level. Individual appointments also are available. (See *Diabetes* Pg. 8)




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Winfield American

Join our text club for offers and information by texting CLUB to 36000. Like our Facebook page @Seasons Lakehouse for up to date specials & promotions or check us out at www.lofs.org. Must present coupon. Not to be combined with any other offer. Expires 9/30/17.



Open call for vendors for the October Winfield Harvest Festival

The Town of Winfield is now accepting food, craft, and business vendors for the Winfield Harvest Festival taking place on Saturday, October 14, from 11 a.m. to 6 p.m.

Last year saw record attendance and featured many great vendors plus entertainment for the whole family. If any resident, or an acquaintance of any residence, would like to showcase their craft or business at this year's festival, contact the Town Hall. Sponsorship opportunities are also available and a way to advertise a business and increase exposure to the local community.

Space is limited, vendors will be accepted on a first-

come, first-served basis. Payment must be submitted along with the vendor application to the Town Hall, located at 10645 Randolph Street, Suite A. Applications may be mailed in, or they can be dropped off in the utility drop box located to the left of the Town Hall door.

The deadline for applications is September 22. Applications can be found at www.winfield.in.gov under the 'Upcoming Events' section. Contact Kim at the Town Hall for any questions at 219-662-2665, or contact via e-mail to: kwachowski@winfield.in.gov.

NWI's J.C. Murphey Lake to close for waterfowl hunting

J.C. Murphey Lake at Willow Slough Fish & Wildlife Area in Morocco, Indiana, will be closed to boating, fishing, and other activities from October 9 through Feb. 11.

The closures are to allow for waterfowl hunting. If conditions are unfavorable

for waterfowl hunting, then property staff may grant access for fishing and other recreation. Those interested in using the property may monitor the wooden signs along the entrance road and in the picnic area to see what lake activities are being allowed on a given day.

(Diabetes from Pg. 1)

able in case class times aren't convenient, or for those who have special needs.

Registration and a physician referral are required prior to class. Program fees are covered by most insurance companies; interested

persons should check before calling.

Diabetes education is covered by Medicare, Indiana Medicaid, and most insurance plans. Contact your insurance company to verify coverage. For more information, call 219-57-6268.

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- United Healthcare
- Arcelor Mittal
- Call for others!

The following medicines are for \$19.85 per month

ALL ARE AVAILABLE IN GENERIC FORM (PRICES ARE FOR UNINSURED PATIENTS)

- CRESTOR 5MG/10MG/20MG/40MG (30-TABLET)
- PLAVIX 75MG TABLET (30-TABLET)
- BENICAR 20MG/40MG TABLET (30-TABLET)
- BENICAR 20-12.5MG/40-12.5MG/40-25MG (30-TABLET)
- COZAAR 25MG/50MG/100MG TAB(30-TABLET)
- HYZAAR 50-12.5MG/100-12.5MG/100-25MG (30-TABLET)
- PRILOSEC 20MG/40MG (60-CAPSULE)
- PROTONIX 20MG/40MG (60-TABLET)

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FREE PILL BOX and \$5 OFF with any two transferred prescriptions!
(Conditions apply. Call or stop in for details.)

Winfield Medical Pharmacy
9150 East 109th Avenue in Winfield

30% OFF on Over-the-Counter products with any two prescription transfers!
(Conditions apply. Call or stop in for details.)

Winfield Medical Pharmacy
9150 East 109th Avenue in Winfield

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FALL INTO SAVINGS

Round Up for Kids
Children's Miracle Network Hospitals
Round up your purchases September 23 & 24 to benefit Ann & Robert H. Lurie Children's Hospital of Chicago

Swiffer
Sweeper Dry+Wet Kit
Includes mop, 7 dry cloths and 3 wet cloths. (1585710) **\$11.99**

Swiffer
Wet Jet Kit
Includes Wet Jet, solution, super absorbent thick pad, and scrubby strip. Requires 4 AA batteries (not included). (1585702) **\$22.99**

Winterizer
Covers 5,000 sq. ft. (7475536, 7134141)
15,000 Sq. Ft. (7475577, 7229594).
36.99, 31.99 After \$5 Instant Savings.*
Limit 2 at this price.

Turf Builder® WinterGuard® Fall Lawn Food
Covers 5,000 sq. ft. (7232291)
15,000 Sq. Ft. (7232309). 45.99, 40.99 After \$5 Instant Savings.*
Limit 2 at this price.

Weed & Grass Killer Concentrate Plus
36.8 oz. Makes up to 10 gallons. "Fast Act" technology formula starts working immediately with visible results in 12 hours. Rainproof in 30 minutes. (74142)

Brute® 32 Gal. Commercial Grade Trash Can
22" diameter x 27" tall. (70206)
Lid (70205)...7.99

Winterizer Weed & Feed
Covers 5,000 sq. ft. (7174527, 7475627)
15,000 Sq. Ft. (7229602, 7475635).
45.99, 40.99 After \$5 Instant Savings.*
Limit 2 at this price.

Turf Builder® WinterGuard® Fall Weed & Feed
Covers 5,000 sq. ft. (7468341)
15,000 Sq. Ft. (7468353). 59.99, 54.99 After \$5 Instant Savings.*
Limit 2 at this price.

22" Spring Brace Rake
24" Poly Leaf Rake
(74978, 7502917)

9" Premium Hardy Mums
(728243)
Plants and color may vary by store.

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60 watt equivalent. Soft White or Daylight. Lasts 10+ years. (3565843, 3565804)

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65 watt equivalent. Soft White or Daylight. Lasts 10+ years. (3565807, 3565819)

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