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Winfield American

Vol. 19, Issue 962

Serving Winfield, Lakes of the Four Seasons, and Winfield Township since 2002

November 20, 2020

Local funeral home continues Veterans Day tradition despite pandemic

For 11 years, Geisen Funeral Home has hosted a Veteran's Dinner at their Crown Point and Michigan City locations. Traditionally, the dinner featured a catered meal and entertainment from various singers and musicians. This year, however, they had to figure out another way to treat local Veterans in a safe way.

They decided to pass out drive-thru boxed lunches to local Veterans at their Crown Point and Michigan City locations. The funeral home passed out 90 boxed lunches at each location, reservations were required.

"We couldn't skip a year. These Veterans look forward to our dinner every year, and we knew we wanted to do



Geisen Funeral Home treated Veterans to drive-thru boxed lunches.

something nice for them, even if it wasn't our traditional Veteran's Dinner," funeral home owner Larry Geisen said.

"As Veterans came through, they expressed their gratitude towards the funeral

home for treating Veterans every year. "This is such a nice thing. We appreciate Geisen's always reaching out and remembering us. It makes us feel appreciated and special", local Veteran Paul Seamon said.



Larry Geisen with Harold Johnson, an 83 year old Veteran who never misses the Geisen Veteran's Dinner.



Dennis Amm and Bob Johnson of Geisen-Carlisle Funeral Home prepare to serve local Veterans.

Food Bank of NWI provides for thousands of families in Lake and Porter Counties

The Food Bank of Northwest Indiana is preparing for its "Hope For The Holidays" initiative during November and December. Joined by several local community partners, the Food Bank is planning to provide holiday meals to thousands of families, and address the increased need for food assistance during this time of year.

"As Northwest Indiana continues to react to the impact the COVID-19 crisis has had on our community, the holidays bring a different set of challenges for individuals and families who are already struggling to make ends meet.

We hope that by providing a holiday meal, some of the stress of the season is relieved," said Victor A. Garcia, president & CEO of the Food Bank of Northwest Indiana. "We are extremely grateful to our sponsors, donors, community partners, and volunteers who make these special distributions possible."

Two local community partners have teamed up with the Food Bank to help support the capacity needed to support the increased number of families who are relying on food assistance. Premier Partner Strack & Van Til is launching a two-month "Checkout Challenge"

to benefit the hunger relief efforts of the Food Bank. Customers at all 19 stores have the opportunity to round up their grocery bill, donating the spare change to the organization.

"Strack & Van Til and Town & Country are honored to be supporting the Food Bank of NWI again this holiday season through the Check Out Challenge", said Jeff Strack, president & CEO of Strack & Van Til. "With the support of our customers, it is our goal to provide over a Half-Million meals to the NWI community this season. Your extra change can quick-

ly add up to making a big difference for our neighbors this season".

Local Civic Leaders, Tom Sourlis and Sue Eleuterio are also lending support to help the Food Bank meet the increased demand during this time. The couple is matching all donations up to \$100,000 to provide a total of more than a half million meals.

"With the holidays coming up, we are grateful to the Food Bank of NWI for helping to make sure that our neighbors have enough food in these challenging times", said Tom Sourlis & Sue Eleuterio.



The Half-Million Meal Match campaign runs through December 31, allowing donors to double the impact of a single gift. Contributions are being accepted at: www.foodbanknwi.org/halfmillionmealmatch.

"We are overwhelmed by the show of support from our Premier Partner Strack & Van Til, and the generosity of Tom & Sue. Both have been extremely sensitive to the needs of our neighbors

during the pandemic and are going above and beyond to support our work in the community", said Garcia. "Their partnership during such a critical time allows us to do more than we normally could through Hope For The Holidays. With all the things that families are contending with, we hope that food will be the least of their worries," said Garcia.

For the full list of "Hope For The Holidays" food distributions and initiatives, visit www.foodbanknwi.org/HopeForTheHolidays.

Nearly half of emergency doctors uncomfortable seeking mental healthcare during pandemic

A poll from the American College of Emergency Physicians (ACEP) and Morning Consult finds that despite the growing toll that serving on the frontlines of COVID-19 is having on emergency physicians, many are hesitant to seek mental health treatment. The results of the poll—conducted among a national sample of emergency physicians—offers the first authoritative look at the causes of stress and burnout among emergency physicians since the start of the pandemic and reveals legitimate barriers to managing their mental health concerns.

"This new data adds real urgency to the need for emergency physicians, policymakers and clinical leaders to work together to change our approach to mental health. Every health care professional, especially those on the frontlines of the pandemic, should be able to address their mental health without fear of judgement or consequences," said Mark Rosenberg, DO, MBA, FACEP, president of ACEP.

Already struggling with higher rates of career burnout and post-traumatic stress disorder than other medical specialties, circumstances for

emergency physicians have become more dire as the fight against COVID-19 continues. The poll finds that almost nine in 10 (87%) emergency physicians say they are more stressed since the start of COVID-19. Additionally, 72% report experiencing



more professional burnout.

As for the causes of their stress or burnout, four in five emergency physicians cite concerns about family,

friends and personal health, while three in five cite job or financial security concerns and lack of personal protective equipment.

Despite the availability of services, nearly half (45%) of emergency physicians are not comfortable seeking

mental health treatment. The poll shows that stigma in the workplace (73%) and fear of professional reprisal (57%) are the primary barriers pre-

venting emergency physicians from getting the mental health care they need. As a result, more than a quarter (27%) of emergency physicians have avoided seeking mental health treatment out of concern for their job.

"Physicians seeking mental health treatment in our current system are rightfully concerned about possibly losing their medical licenses or facing other professional setbacks," said Dr. Rosenberg. "The pandemic emphatically underscores our need to change the status quo when it comes to physicians' mental health."

The full analysis of the poll data, including an infographic, are available at www.emergencyphysicians.org/mentalhealthpoll.

The American College of Emergency Physicians is the national medical society representing emergency medicine. Through continuing education, research, public education and advocacy, ACEP advances emergency care on behalf of its 40,000 emergency physician members, and the more than 150 million Americans they treat on an annual basis.

For more information, visit www.acep.org and www.emergencyphysicians.org.

www.winfieldamerican.com

This day in history

November 20, 1982

The Cal football team won a last-second victory over Stanford when they completed five lateral passes around members of the Cardinals' marching band, who had wandered onto the field a bit early.

Late in the fourth quarter, Stanford quarterback John Elway managed his team downfield and into field goal range with just eight seconds left. Mark Harmon kicked a 35-yard yarder, and Stanford took a 20-19 lead. As a result of the Cardinals rushing the field to celebrate, Harmon had to kick off from the 25 with four seconds to play.

Harmon squib kicked, and Cal's Moen retrieved it. He said, "I remembered 'gra-bass,' one of Coach Kapp's training games. It had no rules, just one bunch of guys trying to keep the ball away from another bunch of guys."

He pitched the ball behind him to Richard Rodgers, who tossed it to Dwight Garner, who returned it. Then Rodgers lobbed the ball to Mariet Ford, who returned it to Moen by flinging the ball backwards over his shoulder. Moen caught the ball and bolted for the end zone.

Stanford's band had already gathered at the end of the field and they began to play Free's "All Right Now." Moen then crashed triumphantly into the end zone and into trombonist Tyrell. The Bears won the game 25-20.

www.history.com

Red Cross has an urgent need for blood, convalescent plasma during Covid-19 surge

The American Red Cross and country music star Martina McBride have joined together this holiday season to remind people to take care of one another, sharing comfort and joy with hospitals patients through the gift of blood donation. Health emergencies don't pause for a pandemic or holiday celebrations. The Red Cross needs the help of blood donors across the country and here in the Indiana-Ohio Region now to ensure patients continue to have access to life-saving blood.

As the U.S. experiences a new surge in COVID-19 cases, the Red Cross is becoming increasingly concerned about the nation's blood supply – including convalescent plasma. A convalescent plasma donation collects plasma from COVID-19 survivors because antibodies to the disease in their blood may help patients who are currently fighting the virus. Increased hospitalization of patients with coronavirus this fall and winter has caused the Red Cross to distribute a record number of COVID-19 plasma products to hospitals treating patients who are battling the virus.

Find a donation opportunity using the Red Cross Blood Donor App, visiting www.RedCrossBlood.org or calling 1-800-733-2767.

Lake County

Cedar Lake

12/9/2020: 12 p.m. - 6 p.m., Lighthouse Church, 13419 Parrish Avenue

Crown Point

11/20/2020: 1:30 p.m. - 6:30 p.m., First United Methodist Church, 352 S.

Main Street

11/30/2020: 12:30 p.m. - 6:30 p.m., Lakes of the Four Seasons, 1048 N Lakeshore Drive

12/3/2020: 12:30 p.m. - 6:30 p.m., St. Matthias Church, 101 W Burrell Drive

12/13/2020: 8:30

a.m. - 12:30 p.m., First Presbyterian Church, 218 South Court Street

Hammond

12/8/2020: 10 a.m. - 3 p.m., YMCA, 7322 Southeastern Ave.

Highland

11/25/2020: 9 a.m. - 2 p.m., Wicker Memorial Park, 2215 Ridge Rd.

12/1/2020: 1:30 p.m. - 6:30 p.m., Highland Parks & Recreation Center, 2450 Lincoln Street

Hobart

11/23/2020: 2:30 p.m. - 6:30 p.m., Hobart Community Center, 111 E Old Ridge Road

Lowell

12/5/2020: 10 a.m. - 2:30 p.m., Lowell Public Library, 1505 East Commercial Avenue

Merrillville

11/21/2020: 8 a.m. - 12 p.m., Merrillville Blood Donation Center, 791 East

83rd Ave
11/23/2020: 12 p.m. - 5 p.m., Merrillville Blood Donation Center, 791 East

83rd Ave
11/24/2020: 2 p.m. - 6 p.m., Merrillville Blood Donation Center, 791 East

83rd Ave
11/25/2020: 9 a.m. - 2 p.m., Merrillville Donation Center, 791 E. 83rd Ave

11/30/2020: 12 p.m. - 5 p.m., Merrillville Blood Donation Center, 791 East

83rd Ave

12/2/2020: 10 a.m. - 4 p.m., Meyers Glaros Group, 8605 Broadway

12/3/2020: 9 a.m. - 2 p.m., Merrillville Donation Center, 791 E. 83rd Ave

12/5/2020: 8 a.m. - 12 p.m., Merrillville Blood Donation Center, 791 East 83rd Ave

12/7/2020: 12 p.m. - 5 p.m., Merrillville Blood Donation Center, 791 East 83rd Ave

12/11/2020: 12 p.m. - 6 p.m., St. Mary Orthodox Center, 8600 Grand Blvd

12/14/2020: 12 p.m. - 5 p.m., Merrillville Blood Donation Center, 791 East

83rd Ave
11/27/2020: 1 p.m. - 6 p.m., American Legion Post 485, 7485 Burr St.

12/2/2020: 1 p.m. - 6 p.m., St. John Township Community Center, 1515 Lincoln Highway

12/7/2020: 9 a.m. - 3 p.m., Napleton Autowerks of Indiana, 1349 Indianapolis Blvd

12/7/2020: 12 p.m. - 6 p.m., St. Michael the Archangel Parish, 1 Wilhelm St.

12/10/2020: 1 p.m. - 5 p.m., Crossroads Church Schererville, 1538 Janice Drive

Porter County

Chesterton

12/6/2020: 8 a.m. - 2 p.m., St. Patrick Catholic Church, 638 North Calumet Road

12/7/2020: 2 p.m. - 8 p.m., Franciscan Health Fitness Centers Chesterton, 810 Michael Drive

11/30/2020: 2 p.m. - 7 p.m., The Gathering Place, 131 N. Main Street

Portage

11/20/2020: 1:30 p.m. - 6:30 p.m., First United Methodist Church of Portage, 2637 McCool Road

11/27/2020: 9 a.m. - 2 p.m., YMCA of Portage, 3100 Willowcreek Rd.

12/4/2020: 1:30 p.m. - 6:30 p.m., First United Methodist Church of Portage, 2637 McCool Road

Valparaiso

11/22/2020: 8 a.m. - 1 p.m., First Presbyterian Church, 3401 N. Valparaiso Street

12/1/2020: 11 a.m. - 5 p.m., Calvary Church, 1325 East Evans

12/3/2020: 10 a.m. - 4 p.m., Charlesworth Financial Services, 2000 Comeford Rd, Suite 3

12/9/2020: 1:30 p.m. - 6:30 p.m., First Christian Church, 1507 Glendale Blvd.

12/15/2020: 12:30 p.m. - 5:30 p.m., Eagles Lodge, 805 Elm Street

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Region Communications Inc.

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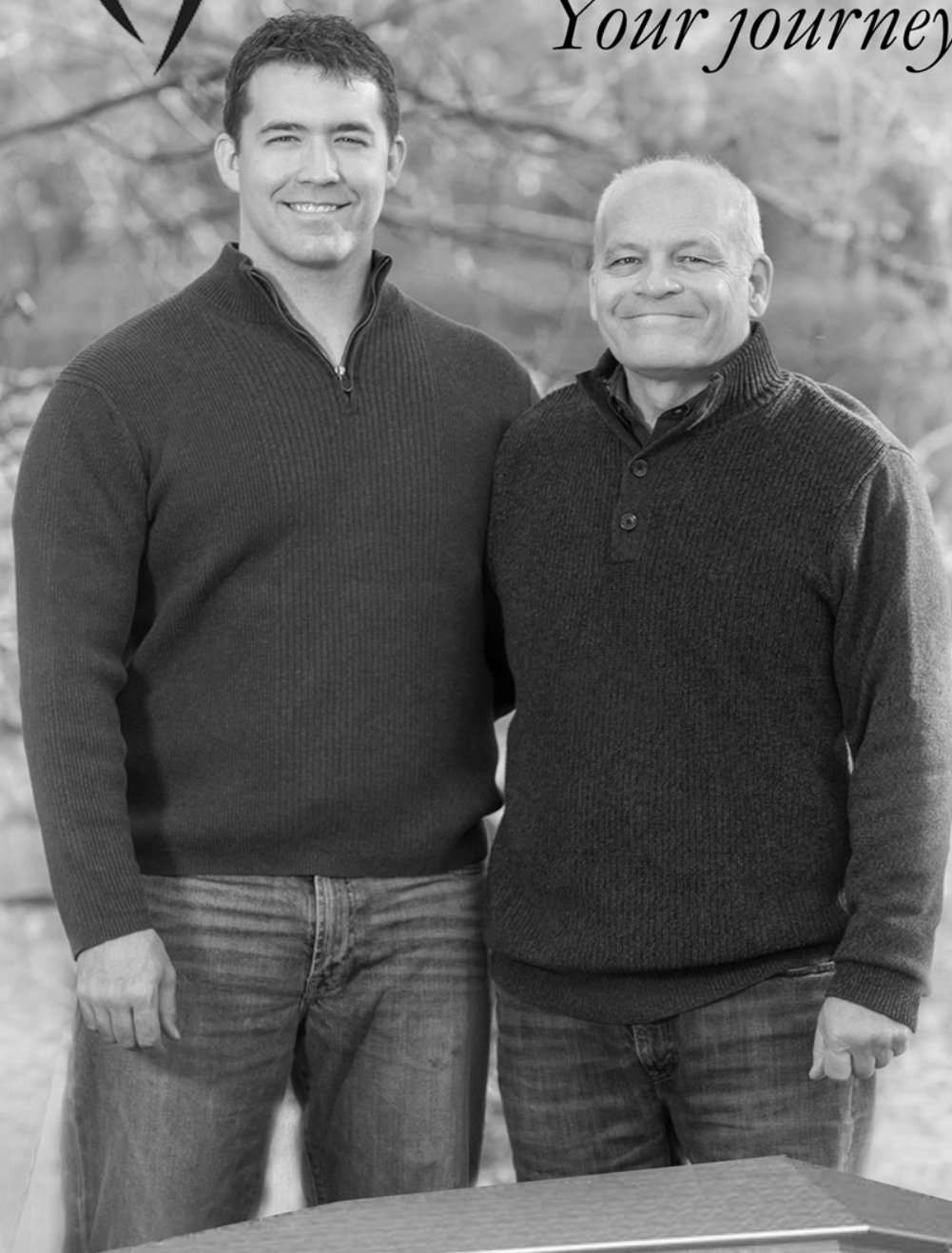
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Today's explorers are searching...



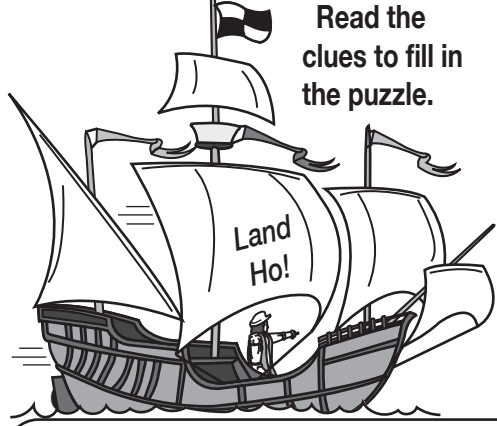
... in the oceans and in outer space.

Kids: color stuff in!

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Read the clues to fill in the puzzle.

Land Ho!

500 Years of Change!

For many years people have talked about – and *argued* about – the impact of explorer Christopher Columbus' landing in the Americas. Many people view his journeys as opening up an exciting “New World.” But, others point out that the lands Columbus found had many people already – with their own ways of life – and see his coming to these lands as destructive. In the end, we all can agree that Columbus' voyages to the Americas beginning in 1492 set in motion a period of massive change that continues *today* – over 500 years later!

Old World to the New World

The items in this puzzle were brought **to** the Americas **from** other countries. **Study the clues below.** Use the words to the left to fill in the puzzle:

sugarcane
bananas
horses
cattle
coffee
sheep
wheat
pigs

bean for hot drink; from Asia first

gold
corn
cacao
squash

peanuts
pumpkins
potatoes
tomatoes

used for meat, hides


SUGAR

New World to the Old World

The items in this puzzle were brought **from** the Americas **to** other countries. **Study the clues (below) to fill in the puzzle:**

“chocolate bean”

24 K



East to West - West to East

After Christopher Columbus made several trips between Europe and the Americas, changes began to take place in the lives of people on both sides of the Atlantic Ocean. The voyage sped up the exchange of people, culture, maps and writings, which spread new ideas and knowledge across the world.

Which parts of people's lives were affected by the exchanges or changes listed below? Match them:

1. food and animals

2. farming sugarcane, roping cattle

3. Native American words + Spanish words

4. missionaries, prayers, spiritual treasures

5. disease, medicines

A. health

B. religion

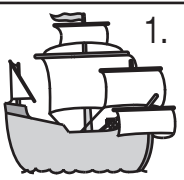
C. language

D. work

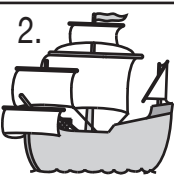
E. diet

Beans have been exchanged all over the world!

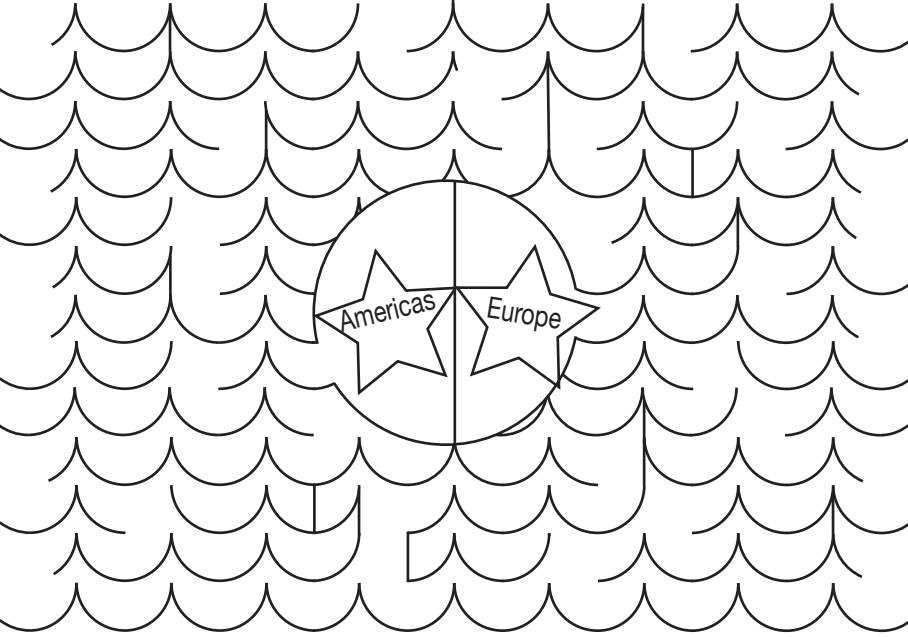
People fall for us!


1. 

Sailing Across the World

2. 

“Sail” the ship (#1) to Europe. Then, “sail” the ship (#2) back to the Americas (it's O.K. to cross ship paths).





These Native American words have changed over the years, but we still use them today!

Find and circle these words:

D T R F I G U A N A I E M O U Y H K S F
J O U D F E S C F J H A O A H F V C O Y
B A R B E C U E H N K J H I G D O A C
O A J H G Y A H F A U T G V F Z I M P E
I C H G T R N I T Y T F D S A E E M U O
A C I J K M O E R I G I J N K O L A S W
H O A D G J E D F E N A C I R R U H T E

Words From the Native Americans

canoe
barbecue
hurricane
maize
tobacco
hammock
manatee
iguana

Anderson Foundation donates \$600,000 to fight hunger in Northwest Indiana

A partnership of community foundations and United Ways in Lake and Porter counties will receive \$600,000 from the John W. Anderson Foundation to strengthen hunger relief efforts in Northwest Indiana. Legacy Foundation, Lake Area United Way, Porter County Community Foundation and United Way of Porter County are working together to better coordinate food distribution and maximize the food purchasing power of local pantries and backpack feeding programs.

“We are thankful to the Anderson Foundation for recognizing the urgent need to address food insecurity in our communities. Through this partnership, we are able to work across county lines to make it easier for families to get food when they need it,” said Legacy Foundation

President & CEO Carolyn Saxton.

The grant will fund food distribution efforts in the two counties, including a staff position that will work with local food pantries to serve 15,000 households and help back pack feeding programs provide nutritious weekend meals to 550 students for a school year. Homebound individuals needing food will benefit from increased food delivery routes and subsidies for fees.

“This collaboration aims to focus significant attention and resources on one of the most pressing issues facing Lake and Porter counties. We appreciate the generosity of the Anderson Foundation and are confident that progress will be made

toward alleviating hunger in our communities,” said Bill Higbie, president & CEO of Porter County Community Foundation.

The following organizations will receive a portion of funding from the grant to enhance their food distribution efforts:

- The Food Bank of Northwest Indiana
- Meals on Wheels of Northwest Indiana
- VNA of Northwest Indiana

“It’s exciting to change the system, to make our community more effective in fighting hunger,” said Lisa Daugherty, president and CEO of Lake Area United Way.

The program aims to address systemic issues that impact hunger relief ef-

orts, such as helping volunteer groups schedule out food distribution times to avoid having multiple sites in the same neighborhood

on the day. By forming the Northwest Indiana Hunger Coalition churches, pantries, townships, volunteer organi-

(See Anderson Pg. 7)

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We've finished all of our chores...



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...and are ready for Old Man Winter.

Kids: color stuff in!



The air is cooler. The fallen red, yellow and orange leaves have been raked. Geese honk noisily in the sky as they fly south. School buses rumble by. Football and soccer players are running and kicking balls. We've fallen gently past the middle of autumn!



Well, most of us have anyway!

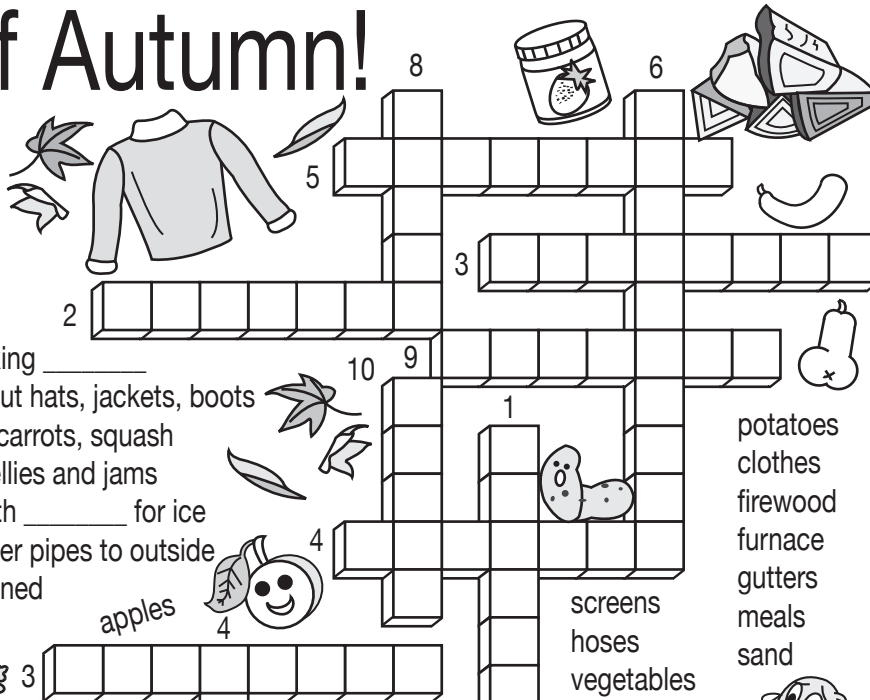
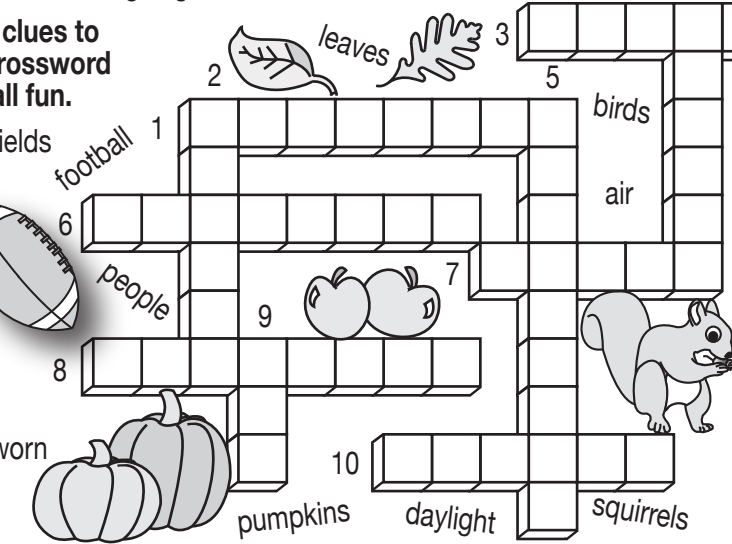
Late Fall Fun!

Read the clues to fill in the crossword with late fall fun.

1. big, orange _____ sit shrinking in fields
2. _____ are finishing chores around the house and yard
3. hours of _____ are even fewer
4. _____ have been raked
5. _____ are still gathering acorns
6. crowds cheer at _____ games
7. _____ are flying south
8. light jackets and _____ are being worn
9. the _____ is chillier
10. _____ are piled high in baskets

What are Families Doing in the Late Fall to Get Ready for Winter?

1. raking leaves and clearing _____
2. taking down _____ and putting up storm windows
3. having the chimney cleaned and stacking _____
4. storing summer _____ and taking out hats, jackets, boots
5. picking and storing apples, _____, carrots, squash
6. canning _____ and fruits; making jellies and jams
7. finding the shovels and filling a pail with _____ for ice
8. rolling up _____ and turning off water pipes to outside
9. having the _____ checked and cleaned
10. cooking larger, hotter _____



Match each "harvest time" sentence to what it means:

1. Make hay while the sun shines.
 2. The farmers had a bumper crop.
 3. The harvest moon rose over the fields.
- A. full moon nearest to first day of fall
B. unusually large amount
C. make the most of a chance

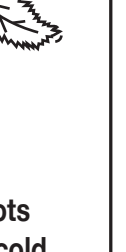
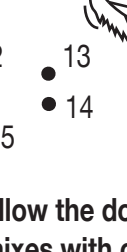
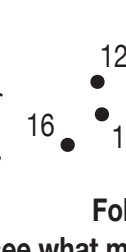
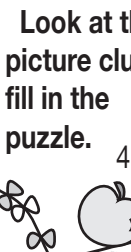
Phew! I hope this is the last batch to store for the season!



Fall Surprises

Falling rain and cool windy breezes pulled the last autumn leaves from the tree. When the storm was over, what could we see?

Look at the picture clues to fill in the puzzle.



Autumn Ice?

I wanted to go out one rainy autumn day. As I stepped out the door, I slid away! "Autumn ice" was hiding beneath the eaves. It was made of freezing rain and fallen...

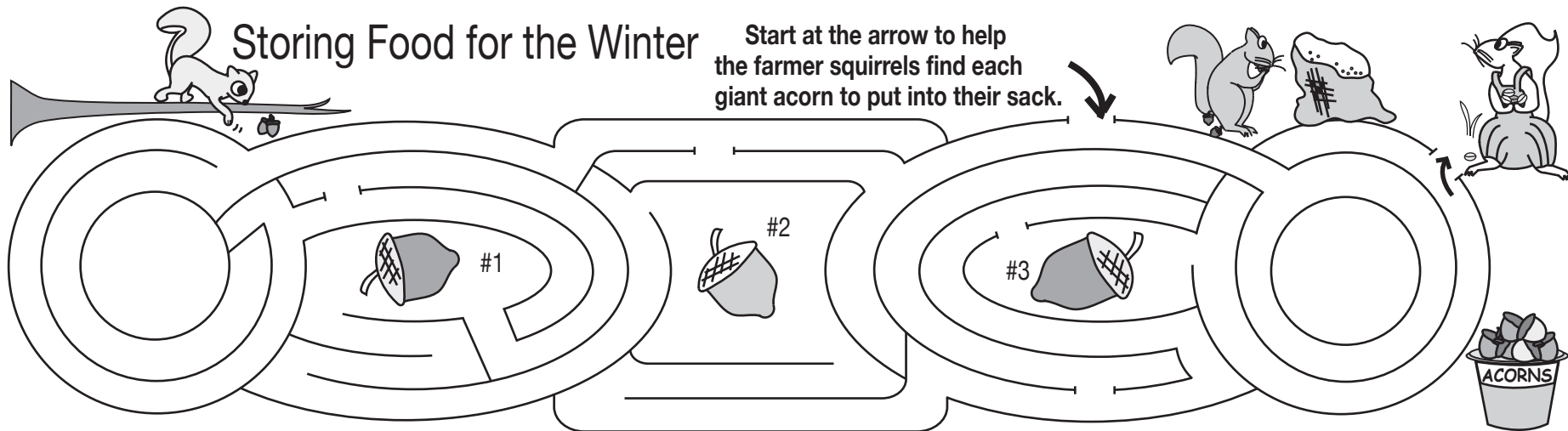
e v l e s a

Autumn ice is not so nice!

Follow the dots to see what mixes with cold rain to make a slippery mess.

Storing Food for the Winter

Start at the arrow to help the farmer squirrels find each giant acorn to put into their sack.



Indiana Alzheimer’s Association urges people to lend a helping hand

November is National Family Caregivers Month. To mark this event, the Alzheimer’s Association Greater Indiana Chapter is encouraging people to lend a helping hand to more than 342,000 Hoosier family members and friends serving as Alzheimer’s caregivers.

“Compared with caregivers of people without dementia, twice as many caregivers of those with dementia indicate substantial emotional, financial and physical difficulties,” said Stephanie Laskey, program director, Alzheimer’s Association Greater Indiana Chapter. “The pandemic has only increased these challenges. Many people want to help, but they aren’t sure where to start. Providing help and support to caregivers can be easier than most people think, and even little acts can make a big difference.”

The Alzheimer’s Association Greater Indiana Chapter offers these suggestions for providing assistance, even during the pandemic when in-person visits may not be safe:

Learn: Educate yourself about Alzheimer’s disease – its symptoms, its progression and the common challenges facing caregivers. The more you know, the easier it will be to find ways to help.

Check In: Many Alzheimer’s and dementia caregivers report feeling isolated or alone. So start the conversation – a phone call to check in, video chat or sending a note can make a big difference in a caregiver’s day and help them feel supported.

Tackle the To-Do List: Ask for a list of errands that need to be run – such as picking up groceries or prescriptions and leaving them at the caregiver’s doorstep. Offer to do yard work or other outdoor chores. It can be hard for

(See Alzheimer’s Pg. 8)

(Anderson from Pg. 5)

zations, and individuals will work together to develop strategies to address the root causes of food insecurity.

“Hunger is an issue that touches everyone. With the rise of unemployment due to COVID-19, families have been forced, many who have never needed assistance before, to seek support for food and housing needs,” said Kim Olesker, president & CEO of United Way of Porter County. “This partnership creates a relationship between philanthropic organizations and direct service providers who are committed to ongoing efforts to identify and address food insecurity.”



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(Alzheimer's from Pg. 7)

a caregiver to find time to complete these simple tasks that we often take for granted.
Be Specific and Be Flexible: Open-ended offers of support (“call me if you need anything” or “let me know if I can help”) may be well-intended, but are often dismissed. Be specific in your offer (“I’m going to the store, what do you need?”). Continue to let the caregiver know that you are there and ready to help.
Make sure they are aware of

available resources: Many caregivers feel like they are facing these challenges alone. Let them know there are many resources that can help, including virtual education programs, support groups and the Alzheimer’s Association’s, free 24/7 Helpline at 800-272-3900. *Join the Fight:* Honor a person living with the disease and their caregiver by joining the fight against Alzheimer’s. You can volunteer with your local Alzheimer’s Association

chapter, participate in fund-raising events such as Walk to End Alzheimer’s and The Longest Day, advocate for more research funding, or sign up to participate in a clinical study through the Alzheimer’s Association’s Trial Match. To learn more about Alzheimer’s disease and ways you can support families and people living with the disease, visit www.alz.org/Indiana.

Indiana State Park Inns restaurants return to carry-out only

Indiana Department of Natural Resources properties have been a safe place for Hoosiers to get fresh air, stretch their legs, and seek solace throughout 2020. But they have had to temporarily suspend some services for the safety of guests and staff along the way.

“Out of an abundance of caution, we are modifying all dining for the seven restaurants at our State Park Inns to carry-out only through December 15,” they noted in a press release. “Thanksgiving meals will be carry-out only for inn guests. Reservation holders will be notified. We apologize for the inconvenience.

If any additional alterations are needed they will be posted to the DNR COVID-19 Response page www.on.IN.gov/DNRCovid19.” “Hoosiers have gathered at our tables for Thanksgiving dinner for more than 60 years, and we look forward to restarting this annual tradition in 2021.”



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David Taylor is the finest realtor my husband and I have ever worked with to sell our residences. (He was our realtor for the sale of two condominiums previously.) Most important to us is his high level of integrity, honesty, dedication to our individual situation and needs and commitment to selling our home.

David was the consummate professional during all phases of this very difficult endeavor (we had a large, expensive home/estate to sell when the Covid Virus hit our area). He was positive and worked tirelessly, directing his Century 21 team with multiple showings, open houses, creative marketing strategies, etc.

David Taylor handled ALL aspects of this sale and transactions. He kept our stress level to a minimum and we are very grateful to him. David Taylor went above and beyond being our realtor for the sale of our home.

He was always punctual, kept all time commitments, even involved his family to meet our needs (for food, shopping, cleaning, organizing, moving). There were NO details that were unimportant to David.

David Taylor was very clear in explaining all details of the process to us. He was patient, thorough and very kind! He also displayed a warm sense of humor and compassion for us during this time. Our home would have sold/closed within 45-90 days except for the Covid Virus. But David never lost hope or commitment and continued his excellent dedication to our family and us!

This is why we would recommend David Taylor as the finest realtor and person we have ever known. ~ **Dr Nicolas and Kathleen Sanez**
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